



# Talk to Frank

Frank and honest information about drugs.  
For children or their parents

**NEED SOME FRIENDLY, CONFIDENTIAL ADVICE?**  
TALK TO FRANK.

 <b>0300 123 6600</b> If you want to talk, you can call FRANK, 24 hours a day, 365 days a year.	 <b>LIVE CHAT</b> Have a friendly, confidential chat online from 2pm - 6pm (UK) on any day of the week
 <b>82111</b> Need a quick answer? Text a question and FRANK will text you back.	 <b>EMAIL</b> Whatever you want to know, FRANK will tell you, no questions asked.

Live Chat and Website:  
<https://www.talktofrank.com>

Email:  
[frank@talktofrank.com](mailto:frank@talktofrank.com)