

Safe@HavenHigh.net

**GOT A PROBLEM?
NEED ADVICE?**

FEELING LOW

WWW.KOOTH.COM

*Being
abused*

Self harm

RELATIONSHIPS

BULLYING

**Sexuality; gay, lesbian
or just confused**

Eating disorder

Award-winning counselling services for young people

**KOOTH.COM is a FREE, ANONYMOUS, CONFIDENTIAL
website where young people can go for help.**

- > Drop-in chats
- > Booked 1:1 sessions
- > Themed message forums and lots more

**87% of our users prefer online counselling
so visit www.kooth.com**

KOOTH.com

FREE ONLINE SUPPORT FOR YOUNG PEOPLE